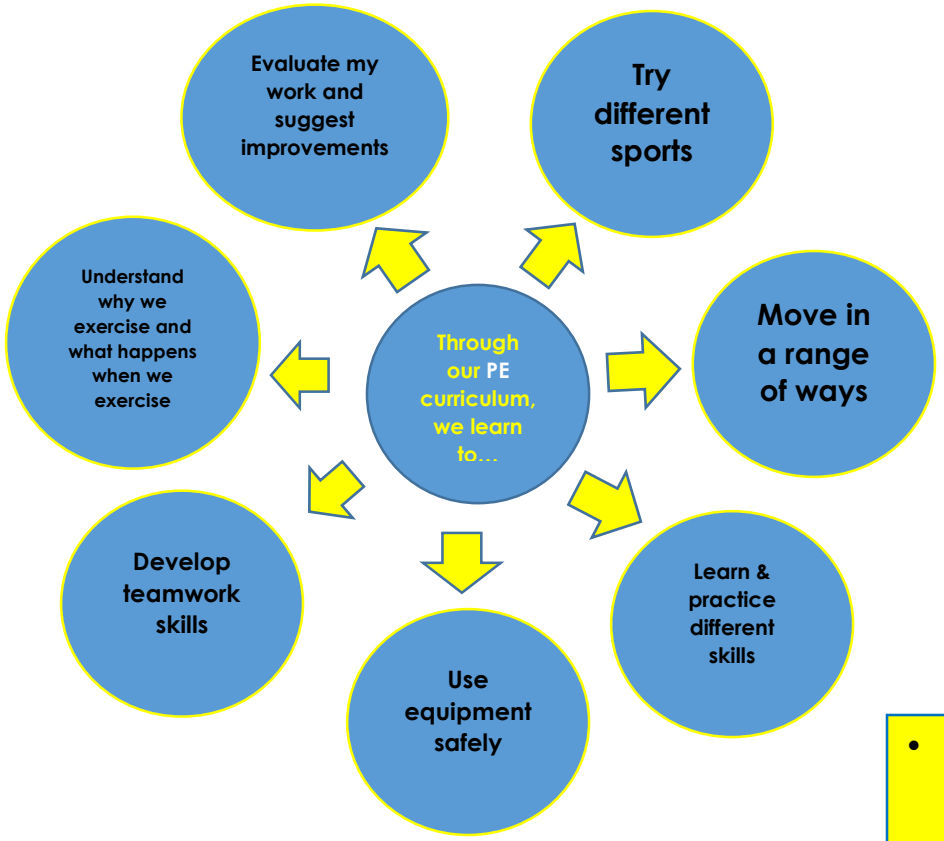
- Talk about what they have done and describe what other people did.
- Talk about what is different from what they did and what someone else did.
- Explain how they can improve.
- Improve work based on feedback.
- Use some simple dance vocabulary to describe and interpret dance.

- Experience a variety of different sports and games
- Use a variety of ball skills including throwing, catching, hitting, kicking, rolling, with and without, equipment in a game.
- Within a game use passing, batting and aiming.
- Use one tactic in a game
- Stay in a zone during a game
- Follow rules in a game
- Decide where the best place to be is during a game

- Know why it is important to exercise.
- Know the different factors that support overall health and welbeing
- Know what their body neds to keep healthy.
- Manage the school day successfully.
- Describe the effect exercise, including dance, has on their body.
- Know how particular activities can help them to be healthy.
- Describe how their lungs and heart work when exercising.



- Demonstrate strength, balance, control and coordination when moving.
- Travel, balance, roll and curl with control and in different ways
- Move energetically – run, jump, dance, hop, skip and climb.
- Plan and perform a sequence of linking movements with control, and sometimes follows a set of rules.
- Perform a short dance to show a mood or feeling, sometimes to music.
- Make their body tense, relaxed, curled and stretched in different ways.
- Change rhythm, speed, level and direction.

- Work on my own and with a partner
- Work as part of a team
- Communicate with others in a respectful way
- Display good sportsmanship

Stalyhill Infant School
Curriculum Intent - PE

- Know how to exercise safely
- Know how to use equipment safely
- Move with control and care
- Move safely in a space
- Move and stop safely
- Decide the best space to be in during a game
- Follow rules
- Negotiate space and obstacles safely, with consideration for themselves and others
- Climb safely

- Use a variety of throwing, hitting, kicking, rolling in different ways, with and without equipment.
- Develop fine and gross motor skills
- Copy, remember and repeat sequences, actions and skills.
- Move and stop safely
- Show confidence, competence, precision and accuracy when using a ball.
- Develop passing, batting and aiming skills.