- Understand and respect the differences and similarities between people
- Understand the biological differences between male and female animals and their role in the life cycle
- Know the biological differences between male and female children
- Understand that we grow from young to old and that they are growing and changing
- Know that everybody needs to be cared for and ways in which they care for others
- Understand and recognise different types of families and how their home-life is special

- Understand where money comes from and how we make choices about spending money
- Understand how we can save money to keep it safe
- Learn about a range of different jobs people do

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- Understand that food that is associated with special times, in different cultures
- Know some playground games from around the world
- Understand sun-safety
- Understand how to eat well
- Understand the importance of physical activity, sleep and rest
- Recognise the people who help us to stay healthy and well
- Know some basic health and hygiene routines



- Understand what can go into bodies and how it can make people feel
- Understand what can go on to bodies and how it can make people feel
- Understand why medicines are taken
- Know where medicines come from
- Know how to keep themselves safe around medicines
- Know that medicines can be used to manage and treat conditions like asthma and that it is important to follow instructions for their use.

- Know what makes themselves and others special
- Understanding themselves as a valuable individual
- Know some of the roles and responsibilities at home and school
- Know how to co-operate with others

- Understanding how to show resilience and perseverance in the face of challenge
- Understand different types of feelings and how to manage them
- Understand the way change or loss and can feel.
- Understanding the importance of special people in their lives
- Know how to build constructive and respectful relationships
- How to make friends and who can help with friendships
- How to solve problems that might arise with friendships
- Learn how to consider the perspective of others

- Be able to talk about safety in familiar situations
- Understand personal safety
- Recognise and identify the people who help keep them safe outside the home
- Know how to stay safe in the home, including fire safety
- Know how to stay safe outside
- Understand road safety